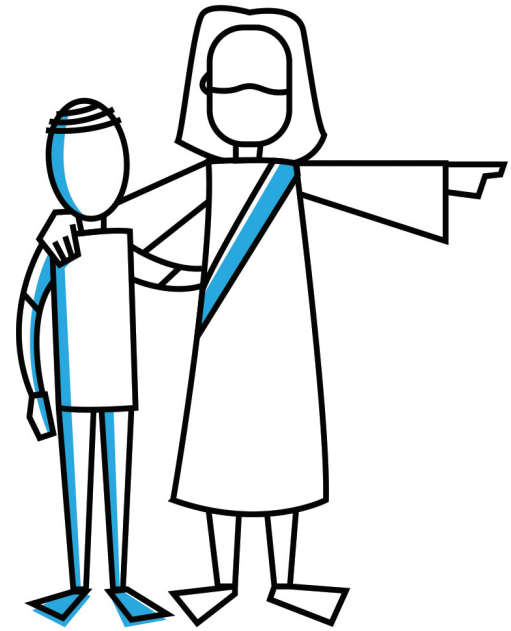


ZÚME

TRAINING

MULTIPLYING DISCIPLES

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Zúme Training: Multiplying Disciples

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SESSION 1

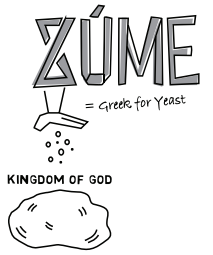
In this session, your group will get an overview of Zúme Training, learn two basic principles of disciple-making, and discover two simple tools for making disciples who multiply—S.O.A.P.S. Bible Study and Accountability Groups

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SESSION 1-1

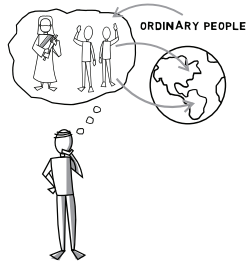
Making Disciples—God Uses Ordinary People

Watch/Read and Discuss [15 min]



Welcome to Zúme Training. **Zúme** is the Greek word for "**yeast**." Jesus tells us that the Kingdom of God is like a woman who took a small amount of "zúme" and put it into a great amount of dough. As she worked the yeast into the mix, it spread until all of the dough was leavened. Jesus was showing us that an ordinary person can take something very small and use it to make an impact that's very big!

Our dream is to do what Jesus said—to help ordinary people around the world use small tools to make a big impact in God's Kingdom!



Jesus' final instructions to His followers were simple. He said—

"All authority in heaven and on earth has been given to me. Therefore—go and make disciples of all nations baptizing them in the name of the Father, and of the Son and of the Holy Spirit, teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age." (Matthew 28:18–20)



Jesus' command was simple—**make disciples**.

His instructions on how to do that were simple:

- Make disciples wherever you're going
- Make disciples by baptizing them in the name of the Father, Son and Holy Spirit
- Make disciples by teaching them to obey all He commanded

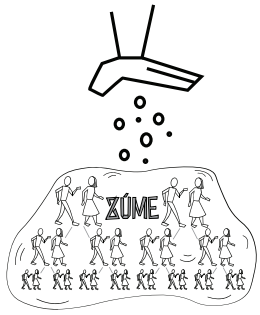


So what are the steps to make a disciple?

1. We make disciples all the time—wherever we're going and as we go.
2. When someone decides to follow Jesus—they should be baptized.
3. As they grow—we should teach every disciple how to obey everything that Jesus commanded.



Since one of the things He commanded is to make disciples, that means that every disciple who follows Jesus needs to learn how to make disciples too. Those disciples are to make disciples. And those disciples are to make disciples, too.



Multiplying disciples. **That's how Zúme works**.

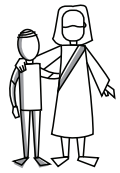
It's like yeast—worked all through the dough until all of the dough is leavened. When Jesus gave this command to go make disciples, He also gave a promise.

Jesus said—

"I will be with you always. Even to the very end of the age."

(Matthew 28:20, CEV)

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Every follower of Jesus should count on the promise that Jesus is always with us, **because He is**!

That also means every follower of Jesus should commit to the fact that Jesus wants each of us to make disciples, because He does.

Jesus said—"All authority in heaven and on earth has been given to me. Therefore go and make disciples..." (Matthew 28:18b)





The **authority** that Jesus relies on when He sends us is His authority. Jesus says there is no authority higher than that.

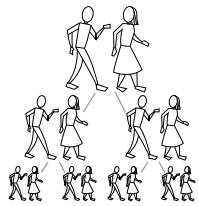


No tradition has more authority.

No culture has more authority.

No law on earth has more authority.

Jesus said—Go and make disciples.



And like **Zúme**—like yeast—we'll keep **going** and **growing** until all the work is done.

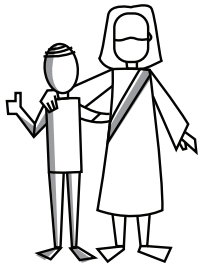
ACTIVITY *[10 min]*

Discuss the following question with your group:

If Jesus intended every one of His followers to obey His Great Commission, why do so few actually make disciples?



Share a LINK to this lesson with friends or post it on social media!

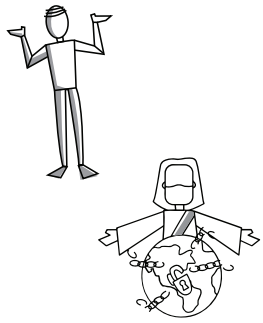


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SESSION 1-2

What Is a Disciple? What Is the Church?

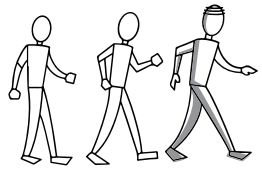
Watch/Read and Discuss [15 min]



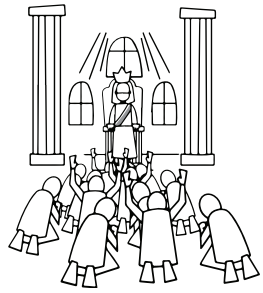
What is a disciple? And how do you make one?

How do you teach a follower of Jesus to obey all of His commands? How do you take someone who's lived their life as a captive of the world and equip them to become a citizen of God's Kingdom?

The meaning of the word disciple is a follower. So a disciple is a follower of God. Jesus said—"*All authority in heaven and on earth has been given to me.*" *(Matthew 28:18)* So in God's Kingdom, Jesus is our King. We are His citizens, subjects of His will. His desires, purposes, intentions, priorities and values are the highest and best. His Word is the law.

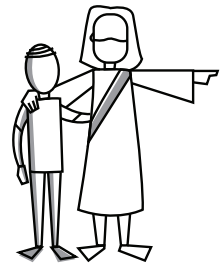


So what is the law of the Kingdom? What does Jesus tell His citizens to do?



Jesus said—"*Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.*" *(Mark 12:30)* Jesus said—"*Love your neighbor as yourself.*" *(Matthew 19:19b)*

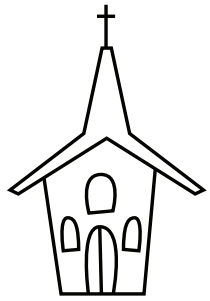
Jesus said that God's commands from the Old Testament—all the law and the prophets—can be summarized in these two things—Love God and Love People.



Jesus said—*Make disciples.* Jesus said—*Teach them to obey all that I've commanded.*

Since making disciples includes teaching them all that Jesus commanded—the New Testament can be summarized in this one thing—Make Disciples.

A disciple is a follower of Jesus who Loves God, Loves People and Makes Disciples.

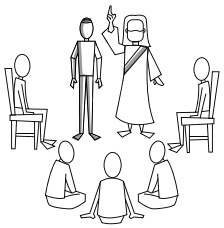


What is a church?

You may be used to thinking of the church as a building—a place where you go. But God's Word talks about the church as a gathering—a people you belong to.

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The word "church" is used in the Bible three different ways—



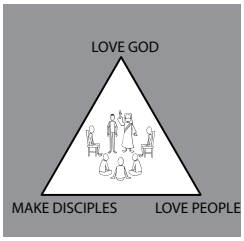
- **the universal church**—all the people who were, are and will ever be followers of Jesus
- **the city or regional church**—all the people who follow Jesus and live in or around a certain area of the world
- **the church at home**—all the people who follow Jesus and meet where one or more of them live.



A spiritual family—followers of Jesus who **love God**, **love people**, and **make disciples**, and who meet together locally, make up this last kind of church—the **church at home** or the simple church.

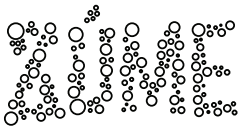
When groups of these simple churches connect to do something bigger, together, they can form a **city or regional church**.

All of those simple churches networked into regions and stretched across history make up the **universal Church**. That's Church with a capital "C."



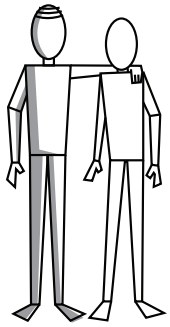
Simple churches are spiritual families with Jesus as their center and their King. Simple churches are spiritual families who love God, love others and make disciples who **multiply**.

Some churches have buildings and programs and budgets and staff, but simple churches don't need any of these things in order to love God, love others and make disciples who multiply. And since anything extra makes a church more complicated and harder to multiply, our training leaves things like buildings and programs and budgets and staff to the city or regional church built from multiplying simple churches.



Remember "zúme" means "yeast"—a simple, single cell organism that reproduces quickly. With Zúme Training—we're going to be like that yeast—**simple** and **multiplying**.

But before we start multiplying, let's make sure we know what God wants reproduced. Because multiplication can be good, but not always. Cancer is multiplication. And it's deadly.



So how do we reproduce life and not death? How do we make sure we're disciples worth reproducing? That's what we're going to find out—together!

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